

The Network extends for 100 km divided into 11 itineraries. With an average of 9 km per trail, they can be easily completed in half a day, leaving free time to visit other points of interest and enjoy the rich cuisine and local shopping opportunities.

There are ten circular itineraries and one linear route. The paths can be travelled throughout the year, but it is in autumn and spring, when the weather is milder, that new life brings a more colourful palette to the landscape, thanks to the myriad flowers, the songs of the resident birdlife and the aromas of wild herbs filling the air.

All the trails are marked with marks registered by the FCMP. You can obtain the technical data of each individual trail in PDF format and all of the trails in gpx, kml or kmz format. This information is available via Internet at www.visitribatejo.pt

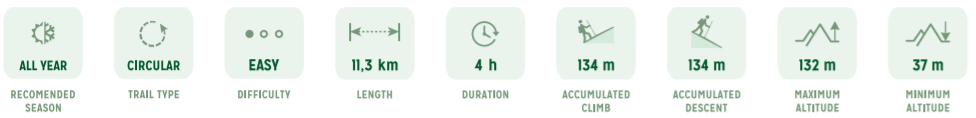




PR 1
ALR

ALMEIRIM

RIBEIRA DE MUGE, A NATIONAL TREASURE RIBEIRA DE MUGE, UM TESOURO NATURAL

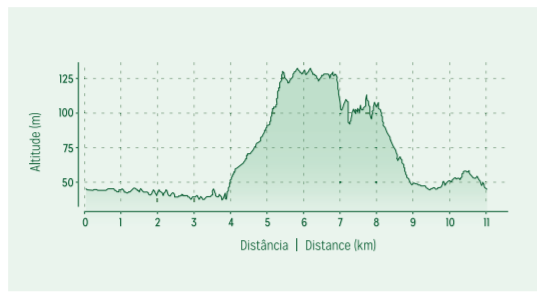


LOCALIZAÇÃO / LOCATION
Marianos - Casal da Tira

PONTO DE PARTIDA / TRAIL DEPARTURE POINT
Casal da Tira no largo junto à ribeira
Casal da Tira in the square next to the brook

COORDENADAS GPS-WGS84 / GPS-WGS84 COORDINATES
39.179478, -8.471476

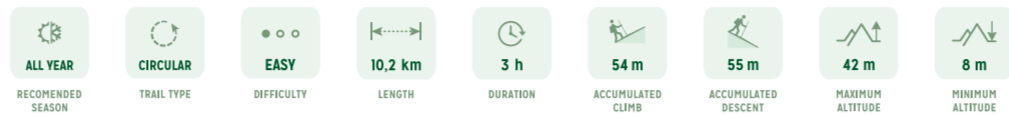
AEROPORTOS / AIRPORTS
Lisboa: 93 km | Porto: 258 km | Faro: 298 km



PR 1
APC

ALPIARÇA

TROUGH THE CAVALO DO SORRAIA RESERVE PELA RESERVA DO CAVALO DO SORRAIA



LOCALIZAÇÃO / LOCATION
Alpiarça

PONTO DE PARTIDA / TRAIL DEPARTURE POINT
Reserva do cavalo do Sorraia
Cavalo da Sorraia Reserve

COORDENADAS GPS-WGS84 / GPS-WGS84 COORDINATES
39.242092, -8.575890

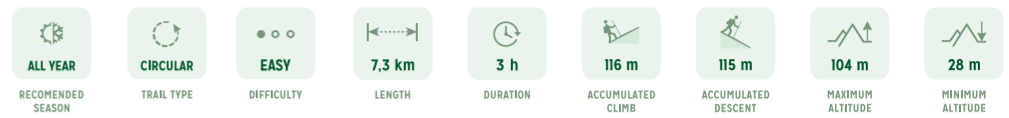
AEROPORTOS / AIRPORTS
Lisboa: 91 km | Porto: 256 km | Faro: 305 km



PR 2
AZB

AZAMBUJA

CASTRO DE VILA NOVA DE SÃO PEDRO CASTRO DE VILA NOVA DE SÃO PEDRO

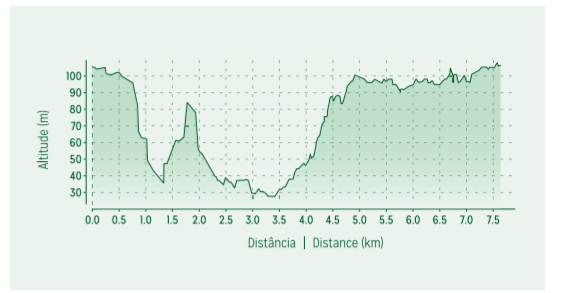


LOCALIZAÇÃO / LOCATION
Vila Nova de São Pedro

PONTO DE PARTIDA / TRAIL DEPARTURE POINT
Rua das Escolas
Junta de Freguesia de Vila Nova de São Pedro

COORDENADAS GPS-WGS84 / GPS-WGS84 COORDINATES
39.209335, -8.843206

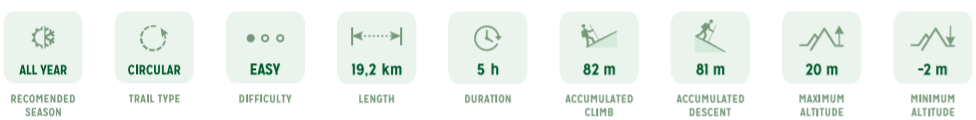
AEROPORTOS / AIRPORTS
Lisboa: 51 km | Porto: 271 km | Faro: 292 km



PR 1
BNV

BENAVENTE

LEZÍRIAS ROUTE A ROTA DAS LEZÍRIAS

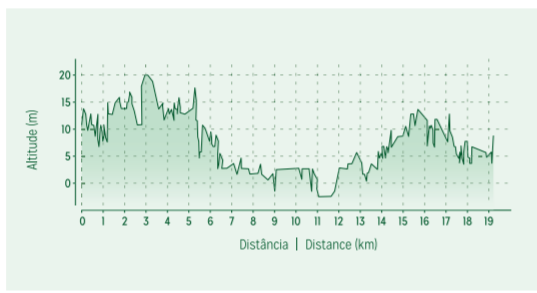


LOCALIZAÇÃO / LOCATION
Benavente

PONTO DE PARTIDA / TRAIL DEPARTURE POINT
Jardim do Calvário / Cruz do Calvário

COORDENADAS GPS-WGS84 / GPS-WGS84 COORDINATES
38.984470, -8.813076

AEROPORTOS / AIRPORTS
Lisboa: 56 km | Porto: 292 km | Faro: 268 km



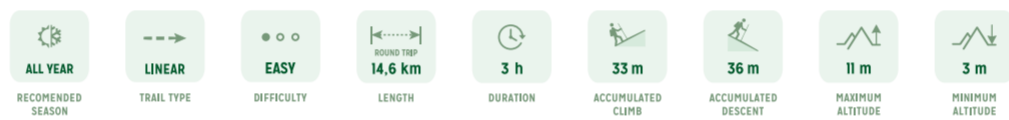
* RECOMMENDED SEASON
In winter there is a possibility
of intervention due to flooded areas
* ÉPOCA ACONSELHADA
No inverno existe a possibilidade
de intervenção devido a zonas alagadas



PR 1
CTX

CARTAXO

ALONGSIDE THE TAGUS LADO A LADO COM O TEJO

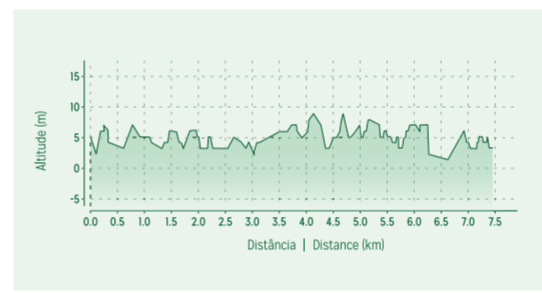


LOCALIZAÇÃO / LOCATION
Porto de Muge

PONTO DE PARTIDA / TRAIL DEPARTURE POINT
Largo junto ponte Rainha Dona Amélia
Square next to the Rainha Dona Amélia

COORDENADAS GPS-WGS84 / GPS-WGS84 COORDINATES
39.106994, -8.738627

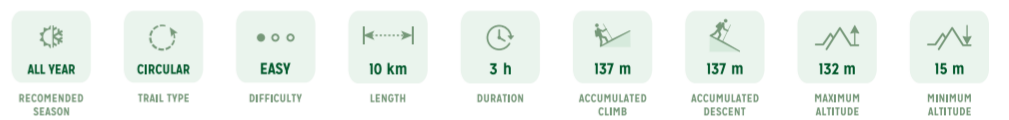
AEROPORTOS / AIRPORTS
Lisboa: 66 km | Porto: 253 km | Faro: 307 km



PR 1
CHM

CHAMUSCA

FROM THE HEATH TO THE BANKS OF THE TAGUS DA CHARNECA ÀS MARGENS DO TEJO



LOCALIZAÇÃO / LOCATION
Chamusca

PONTO DE PARTIDA / TRAIL DEPARTURE POINT
Centro da Chamusca - Jardim do Coreto
Chamusca Center - Coreto Garden

COORDENADAS GPS-WGS84 / GPS-WGS84 COORDINATES
39.357458, -8.481264

AEROPORTOS / AIRPORTS
Lisboa: 108 km | Porto: 228 km | Faro: 323 km



PR 3
CCH

CORUCHE

LEZÍRIAS ROUTE A ROTA DAS LEZÍRIAS



LOCALIZAÇÃO / LOCATION
Vila Nova da Erra

PONTO DE PARTIDA / TRAIL DEPARTURE POINT
Jardim público de Vila Nova da Erra
Public garden of Vila Nova da Erra

COORDENADAS GPS-WGS84 / GPS-WGS84 COORDINATES
39.006642, -8.447794

AEROPORTOS / AIRPORTS
Lisboa: 79 km | Porto: 285 km | Faro: 275 km



PR 1
GLG

GOLEGÃ

PAUL DO BOQUILOBO NATURE RESERVE RESERVA NATURAL DO PAUL DO BOQUILOBO



LOCALIZAÇÃO / LOCATION
Mato de Miranda

PONTO DE PARTIDA / TRAIL DEPARTURE POINT
R. João Veiga - junto à estação de comboios
R. João Veiga - next to the train station

COORDENADAS GPS-WGS84 / GPS-WGS84 COORDINATES
39.367587, -8.553670

AEROPORTOS / AIRPORTS
Lisboa: 130 km | Porto: 220 km | Faro: 331 km

GRUPOS > 9 PESSOAS / GRUPS > 9
Não são autorizados sem acompanhamento
Not permitted unaccompanied



* ÉPOCA ACONSELHADA * RECOMMENDED SEASON
In winter there is a possibility of intervention due to flooded areas due to cold
apart from visits on days when hunting is permitted. This Sunday and holidays
between 15 Aug & 28 Sep. No more water possibilities of intervention due to cold. Day after
Descontar visitas em dias de caça. No mais possibilidades de intervenção devido a zonas alagadas
entre 15 Ago a 28 Set.



PR 4
RMR

RIO MAIOR

SERRAS DE AIRE E CANDEIROS NATURE PARK PARQUE NATURAL DAS SERRAS DE AIRE E CANDEIROS

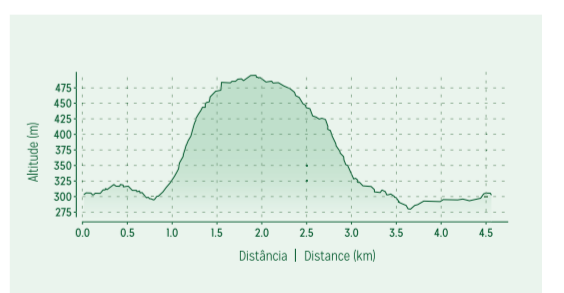


LOCALIZAÇÃO / LOCATION
Aldeia de Chãos

PONTO DE PARTIDA / TRAIL DEPARTURE POINT
Estacionamento Cooperativa Terra Chã
Car park Cooperativa Terra Chã

COORDENADAS GPS-WGS84 / GPS-WGS84 COORDINATES
39.417998, -8.920365

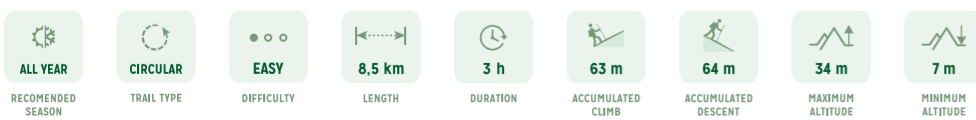
AEROPORTOS / AIRPORTS
Lisboa: 81 km | Porto: 233 km | Faro: 321 km



PR 1
SMG

SALVATERRA DE MAGOS

ESCAROUPIM NATIONAL FOREST A MATA NACIONAL DE ESCAROUPIM

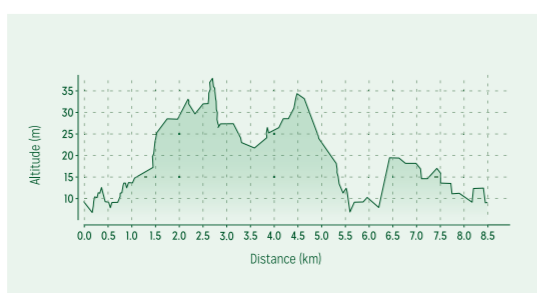


LOCALIZAÇÃO / LOCATION
Escaroupim

PONTO DE PARTIDA / TRAIL DEPARTURE POINT
Largo dos Azeiteiros - junto ao rio Tejo
Largo dos Azeiteiros - near the Tagus River

COORDENADAS GPS-WGS84 / GPS-WGS84 COORDINATES
39.066673, -8.756951

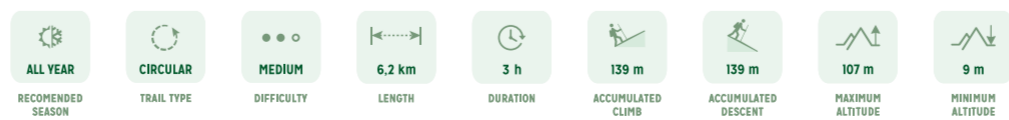
AEROPORTOS / AIRPORTS
Lisboa: 62 km | Porto: 289 km | Faro: 274 km



PR 2
STR

SANTARÉM

FROM THE SANTARÉM PLATEAU TO THE TAGUS RIVER DO PLANALTO DE SANTARÉM AO RIO TEJO

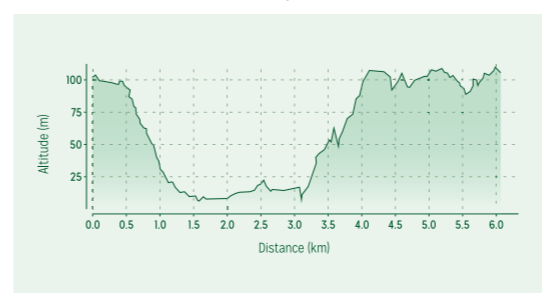


LOCALIZAÇÃO / LOCATION
Santarém

PONTO DE PARTIDA / TRAIL DEPARTURE POINT
Jardim da República / Republic Garden

COORDENADAS GPS-WGS84 / GPS-WGS84 COORDINATES
39.238493, -8.685847

AEROPORTOS / AIRPORTS
Lisboa: 80 km | Porto: 245 km | Faro: 307 km



KEY LEGENDA - ETIQUETA LÉGENDE - BILDUNTERSCHRIFT - LABEL

- LOCALIZAÇÃO / LOCATION / LOCALIZACIÓN / LOCALISATION / PLAATS / LAGE
- PONTO DE PARTIDA / TRAIL DEPARTURE POINT / PUNTO DE PARTIDA DE LA RUTA / POINT DE DÉPART DU PARCOURS / VERTEKUNTPUNT WANDELROUTE / AUSGANGSPUNKT
- COORDENADAS GPS-WGS84 / GPS-WGS84 COORDINATES / COORDENADAS GPS-WGS84 / COORDONNÉES GPS-WGS84 / GPS-WGS84 COÖRDINATEN / GPS-WGS84 KOÖRDINATEN
- AEROPORTOS / AIRPORTS / AEROPUERTOS / AÉROPORTS / FLUGHÄFEN / LUCHTHAVENS
- GRUPOS > 9 PESSOAS / GROUPS > 9 PEOPLE / GRUPOS > 9 PERSONAS / GROUPE > 9 PERSONNES / GRUPPE > 9 PERSONEN / GROEP > 9 PERSONEN
- ÉPOCA RECOMENDADA / RECOMMENDED SEASON / SAISON CONSEILLÉE / JAHRESZEIT EMPFOHLEN / AANBEVOLEN SEIZOEN
- TIPO DE PERCURSO / TYPE OF TRAIL / TIPO DE RUTA / TYPE OF PARCOURS / TYPE WANDELING / STRECKENART
- TIPO DE PERCURSO / TYPE OF TRAIL / TIPO DE RUTA / TYPE OF PARCOURS / TYPE WANDELING / STRECKENART
- GRAU DE DIFÍCULDADE / DEGREE OF DIFFICULTY / NIVEL DE DIFÍCULTAD / NIVEAU DE DIFFICULTÉ / MOEILIKHEIDSGRAAD / SCHWIERIGKEITSGRAD
- DURAÇÃO APROXIMADA / APPROXIMATE DURATION / DURACIÓN APROXIMADA / DURÉE APPROXIMATIVE / VERWACHTE DUUR / UNGEFÄHRE GEHZEIT
- EXTENSÃO / LENGTH / EXTENSIÓN / LONGUEUR / AFSTAND / LÄNGE
- SUBIDA ACUMULADA / ACCUMULATED CLIMB / SUBIDA TOTAL / MONTÉE ACCUMULÉE / TOTALE STIJGING / HÖHENMETER NACH OBEN
- DESCIDA ACUMULADA / ACCUMULATED DESCENT / DESCENSO TOTAL / DESCENTE ACCUMULÉE / TOTALE DALING / HÖHENMETER NACH UNTEN
- ALTITUDE MÁXIMA / MAXIMUM ALTITUDE / ALTITUD MÁXIMA / ALTITUDE MAXIMUM / MAXIMALE HOOGTE / HÖCHSTER PUNKT
- ALTITUDE MÍNIMA / MINIMUM ALTITUDE / ALTITUD MÍNIMA / ALTITUDE MINIMUM / MINIMALE HOOGTE / NIEDRIGSTER PUNKT